

ideal  
**MEALS**  
for  
Schools

# THE SUMMER HOLIDAY ACTIVITY AND FOOD MENU

25TH JULY - 2ND SEPTEMBER



# WELCOME TO THE SUMMER HAF MENU!

The HAF programme is a fantastic opportunity for children to enjoy an active and fun filled Summer holiday, whilst spending time with their friends. The programme is completely FREE for families in receipt of benefit related Free School Meals.

With a variety of fantastic activities and sports on the agenda, the children are going to need all the energy they can get. We're here to provide just that.

The lunch menu has been designed to meet the compulsory school food standards, which are intended to help children develop healthy eating habits, and ensure that they get the energy and nutrition they need, across the whole day.

## ABOUT US

Ideal supply almost six thousand healthy and delicious school meals, to education settings across Lincolnshire & Leicestershire, every day. We are honoured to be the main suppliers of the HAF food provision within Lincolnshire, and we look forward to working in partnership with club providers, to ensure a fun and active Summer holiday for your children, with yummy lunches, to keep them fuelled.

**SIMPSONS  
BUTCHERS**

Supporting the local economy and keeping food miles low is really important to us.

We're fortunate to work with some fantastic, local suppliers.

**JHULL**  
WHOLESALE  
QUALITY FRESH PRODUCE

The renowned Simpsons Butchers, supply our high welfare meat, traceable right back to the farm.

Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.

**Bloomsbury**  
BAKERY

This wonderful Grantham based company, managed by a Father and son, have been trading for over 30 years. 100% fresh and delicious bread, baked daily.

# YOUR MENU

## Week 1

w.c 25th July & 15th August



Lunch  
Option 1

Lunch  
Option 2

served with

Dessert  
Option D

### Monday

Tomato & Mozzarella Pasta Bake

Jacket Potato with Cheese & Coleslaw

Mixed Vegetables

Fruit Jelly with Melon Wedge

### Tuesday

Breaded Fish Fingers

Quorn Sausages

Mashed Potato, Baked Beans & Cucumber Slices

Banana Smoothe Muffin & Milk

### Wednesday

Roast Pork

Cheese, Spinach & Tomato Omelette Muffins

Roast Potatoes & Mixed Vegetables

Cheese, Crackers & Fruit

### Thursday

Beef Bolognese Pasta

Mild Quorn & Vegetable Chilli & Rice

Mixed Vegetables

Chocolate Pear Sponge & Custard

### Friday

Marinated Chicken, Minty Yoghurt Dip & Rice

Creamy Tomato Pasta

Mixed Vegetables

Peaches & Ice Cream or Fresh Cream

## Week 2

w.c 1st August & 22nd August



Lunch  
Option 1

Lunch  
Option 2

served with

Dessert  
Option D

### Monday

Jacket Potato with Cheese, Baked Beans & Coleslaw

Jacket Potato with Mild Mexican Beans & Cheese

Mixed Salad

Chocolate Date Brownie

### Tuesday

Simpsons Lincolnshire Sausages

Linda McCartney Vegan Sausages

Mashed Potato & Mixed Vegetables

Apple Crumble & Ice Cream or Fresh Cream

### Wednesday

Breaded Fish Fingers & Homemade Tomato Salsa

Vegan Fishless Fingers & Homemade Tomato Salsa

Wholemeal Roll, Potato Wedge & Summer Crudites

Mango & Vanilla Sponge with Fresh Cream

### Thursday

Beef & Vegetable Lasagne

Quorn & Vegetable Lasagne

Mixed Vegetables

Oat & Raisin Cookie

### Friday

Garlic & Herb Chicken

Mild Mexican Bean Wrap

Rainbow Rice & Mixed Vegetables

Banana & Chocolate Custard

## Week 3

W.c 8th & 29th August



Lunch  
Option 1

Lunch  
Option 2

served with

Dessert  
Option D

### Monday

Cheese & Tomato Pizza

Herby Baby Potatoes & Mixed Vegetables

Fruity Flapjack

### Tuesday

Minced Beef Bolognese

Bean & Lentil Bolognese

Rice & Mixed Vegetables

Apple Cake & Milk

### Wednesday

Roast Pork

Chickpea & Sweetcorn Fritter

Roast Potatoes & Mixed Vegetables

Fruit Salad & Ice Cream or Fresh Cream

### Thursday

Chicken Fajita

Cheesey Bean & Veggie Burrito

Potato Wedge & Crduites

Iced Carrot Cake

### Friday

Salmon & Broccoli Pasta

Creamy Tomato Pasta

Mixed Vegetables

Peaches & Custard

# WE LOVE TO TALK ABOUT WHAT WE CAN OFFER YOUR CHILDREN

We are always on hand to  
answer any questions in relation to our service.

Contact us at any time using the details below.

TELEPHONE  
**01522 246424**

EMAIL  
**ENQUIRIES@IDEALSCHOOLMEALS.CO.UK**

Follow us on social media.  
It's a great way to see some of the meal options on offer.



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